**REVISED 3 PROGRAM (José Costa Pereira, 09/03/2017)**

**Friday, March 10th - Day 2**

Start  Final call Description

10:00 OPENING CEREMONY

10:45 10:10 Triple Jump M Final

10:45 10:25 60m Hurdles W Pentathlon

10:55 10:35 60m Hurdles M Pentathlon

11:20 High Jump W Pentathlon

12:00 Long Jump M Pentathlon

12:45 Shot put W Pentathlon

13:30 Shot put M Pentathlon

13:30 13:10 3000m W Final

14:00 Long Jump W Pentathlon

14:00 13:40 3000m M Final

14:30 14:10 400m W Round 1

15:00 High Jump M Pentathlon

15:00 14:40 400m M Round 1

15:30 800m W Pentathlon

15:35 15:00 Triple Jump W Final

15:45 1000m M Pentathlon

16:00 VICTORY CEREMONIES

**Saturday, March 11th - Day 3**

Start Final call Description

10:00 9:40 60m W Round 1

10:00 9:25 Long Jump M Final

10:20 10:00 60m M Round 1

10:50 10:30 60m Hurdles W Final

11:00 10:40 60m Hurdles M Final

11:20 11:00 800m M Round 1

11:55 11:20 Long Jump W Final

12:05 11:45 400m M Semi-Finals

12:30 VICTORY CEREMONIES

13:00 12:25 Pole Vault M

13:10 12:50 1500m M Final

13:30 13:10 800m W Final

13:55 13:35 3000m Walk Race M & W Final

14:40 14:20 60m W Final B

14:45 14:25 60m W Final A

14:50 14:30 60m M Final B

14:55 14:35 60m M Final A

15:00 VICTORY CEREMONIES

15:20 15:00 4x200m Relay W Final

15:35 15:15 4x200m Relay M Final

16:00 VICTORY CEREMONIES

**Sunday, March 12th - Day 4**

Start Final call Description

10:00 9:25 High Jump W Final

10:00 9:25 Shot put W Final

10:00 9:40 200m W Round 1

10:20 10:00 200m M Round 1

10:50 10:30 400m W Final

11:00 10:25 High Jump M Final

11:05 10:45 400m M Final

11:20 11:00 1500m W Final

11:30 10:55 Shot put M Final

11:35 11:15 200m W Semi-Finals

11:50 11:30 200m M Semi-Finals

12:10 VICTORY CEREMONIES

12:30 12:10 200m W Final

12:45 12:25 200m M Final

13:00 12:40 800m M Final

13:10 VICTORY CEREMONIES

13:25 13:05 4x400m Relay W Final

13:40 13:20 4x400m Relay M Final

13:50 VICTORY CEREMONIES

19:00 CLOSING CEREMONY &

TEAM COMPETITION AWARDS