

8th INAS Open Indoor Athletics Championships (Europe)

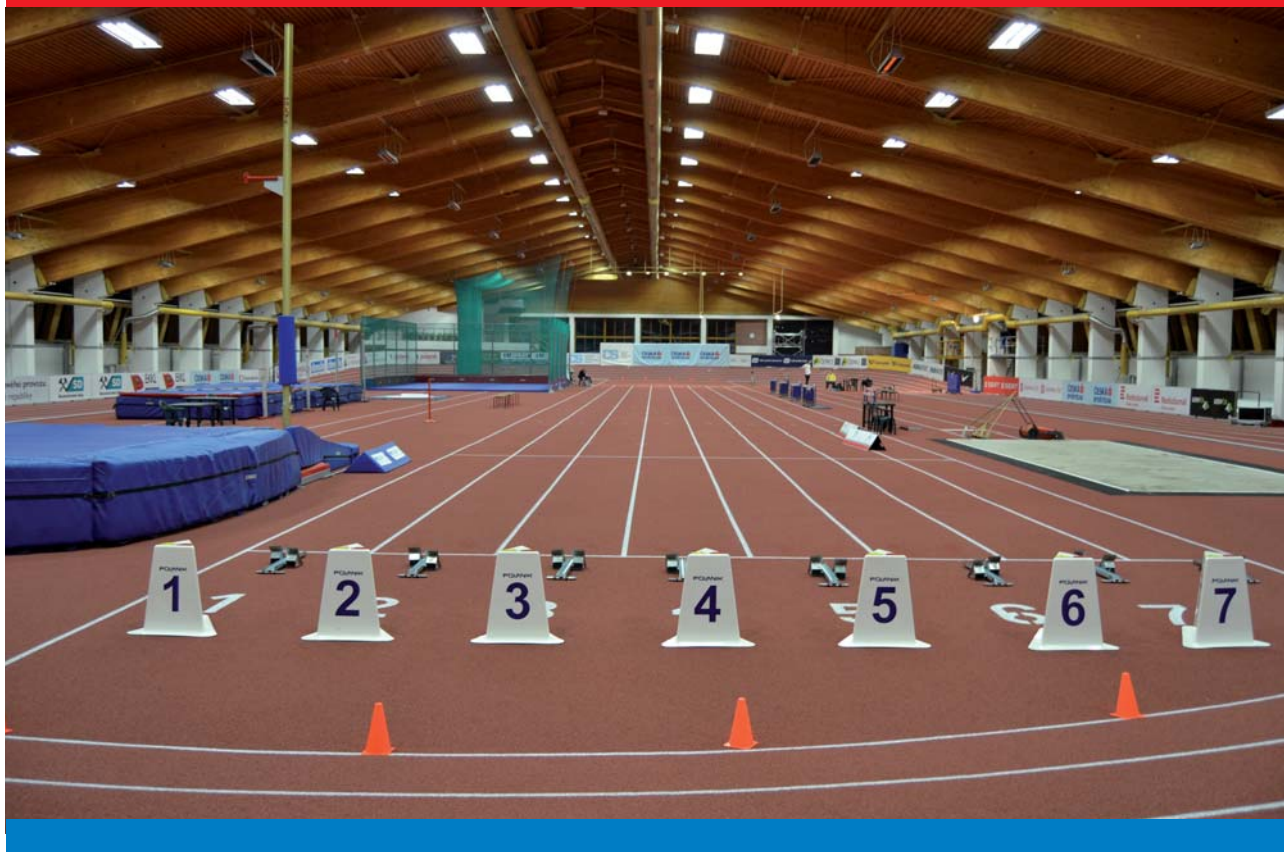
Wednesday 8th March – Monday 13th March 2017
Prague – Czech Republic



www.prague2017.org



PROPOSITION



ODBORNÉ UČILIŠTĚ VYŠEHRAD
Vratislavova 6/31, 128 00 Praha 2





Dates:

8th – 13th March 2017

Location:

Prague is the capital of the Czech Republic. Nowadays it covers the total area of 496 square kilometres and it has 1,187,000 inhabitants. Almost three million tourists come to visit Prague every year. The historical centre with the unique panorama of the Prague Castle is an urban conservation area of UNESCO.

The athletics sports hall is reachable by bus approx. in 15 min.

Accommodation:

OREA HOTEL PYRAMIDA **** offers 354 comfortably furnished rooms with Wi-Fi connection and air-conditioning. There are 270 double rooms, 47 single rooms, 25 triple rooms, 11 suites and 4 rooms for physically disabled guests. All rooms are equipped with smoke detectors, card lock system, safe deposit boxes, mini-bars, SAT/Pay TVs and telephones with direct outside line. The bathrooms are fitted with a bathtub or a shower and a hair dryer.

www.hotelpyramida.cz



Meals:

Half board will be served at the hotel, beginning with dinner on the 8th March and the last meal will be breakfast on Monday 13th March. The lunch will be provided at the sports centre.

Important dates:

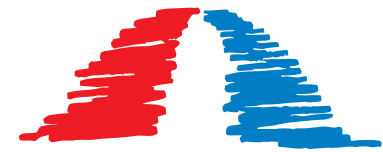
2016	October 31 st	1 st entry
2017	January 31 st	Final entry





Address:

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EUROPE
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www: www.prague2017.org
Phone: +420 737 841 695



**8th INAS Open
Indoor Athletics
Championships (Europe)**

Provisional Program:

Wednesday / 8.3.2017

Arrival of delegations, accreditation

Thursday / 9.3.2017

Training, technical meeting

Friday / 10.3.2017

Opening ceremony, competition day

Saturday – Sunday / 11.3.2017 – 12.3.2017

Competition days, closing ceremony

Monday / 13.3.2017

Departure of delegations

Entry fee:

The price per person for the whole stay (including accommodation, meals, transport, cultural program, medical service) at the 8th INAS-Europe Indoor Athletics Open European Championships is **525 EURO**.

100 EURO per day / 1 person
25 EURO Capitation Tax (for INAS-EUROPE)
100 EURO extra day /1 person
Single rooms will have an extra of EURO 15,00 per day

Payment:

Account name:	Český svaz mentálně postižených sportovců
Address:	Zátokova 100/2, 160 17 Praha 6 – Břevnov
Bank:	GE MONETA BANK
Bank address:	Vítězné náměstí 160 00 Praha 6 – Dejvice, Czech Republic
SWIFT:	AGBACZPP
Account number - IBAN:	CZ06 0600 0000 0023 5840 9504
Reference:	INAS-Europe Open Indoor Athletics Championships EUROPE





Medical service

Sports medical staff will be present during each day of the competition. As well as each day of the training.

Sports rules and regulation

According to the rules of IAAF – International Amateur Athletics Federation – and INAS

A nation may enter more than 3 athletes per event/gender but, in case of more than 8 athletes in such specific event, only the best 3 can achieve the Final or the last 3 attempts in field events.

Accreditation

Eligibility of athletes: all participants should be eligible, registered within INAS.

Accreditation cards will be issued to each athlete after she/he personally has shown her/his eligibility registration to the INAS officer.

Competition

Minimum standards

The minimum standards for participation at the 2017 INAS Indoor European Athletics championships.

Event	Men	Women
60m	7.95	10.55
200m	25.64	33.30
400m	1:01.47	1:15.71
800m	2:32.15	2:55.60
1.500m	4:50.07	6:00.00
3.000m	10:43.5	14:00.00
60m Hurdles (0.91)	open	
60m Hurdles (0.84)	----	open
3.000m Walk Race	open	open
High Jump	1,40m	1,15m
Long Jump	4,96m	3,73m
Triple Jump	10,11m	open
Pole Vault	open	----
Shot Put	8,30m	6,45m
4 x 200m Relay	1 team per country	1 team per country
4 x 400m Relay	1 team per country	1 team per country
Pentathlon	open	open





Schedule

Friday, March 10 th		
Start	Final call	Description
10:00		OPENING CEREMONY
10:45	10:15	Triple Jump M Final
10:45	10:20	60m Hurdles W Pentathlon
10:55	10:30	60m Hurdles M Pentathlon
11:20		High Jump W Pentathlon
12:00		Long Jump M Pentathlon
12:45		Shot put W Pentathlon
13:30		Shot put M Pentathlon
13:50	13:20	3000m W Final
14:30	14:00	3000m M Final
14:00		Long Jump W Pentathlon
15:00		High Jump M Pentathlon
15:35	15:00	Triple Jump W Final
15:45		800m W Pentathlon
16:00		1000m M Pentathlon
16:30		VICTORY CEREMONY

Saturday, March 11 th		
Start	Final call	Description
10:00	9:40	60m W Round 1
10:00	9:30	Long Jump M Qualifying
10:20	10:00	60m M Round 1
10:50	10:30	60m Hurdles W Final
11:00	10:40	60m Hurdles M Final
11:15	10:55	60m W Semi-Final
11:25	11:05	60m M Semi-Final
11:55	11:30	800m M Round 1
11:55	11:35	Long Jump W Final
12:05	11:45	400m W Round 1
12:25	12:05	400m M Round 1
12:45		VICTORY CEREMONY
13:00	12:30	Pole Vault M
13:15	13:00	1500m M Round 1
13:35	13:15	1500m Walk Race W
13:55	13:35	3000m Walk Race M
14:40	14:20	60m W Final
14:50	14:30	60m M Final
15:10	14:50	800m W Final
15:30	15:05	4x200m Relay W Final
15:50	15:25	4x200m Relay M Final
16:00		VICTORY CEREMONY





Schedule

Sunday, March 12 th		
Start	Final call	Description
10:00	9:30	High Jump W Final
10:00	9:30	Long Jump M Final
10:00	9:30	Shot put W Final
10:00	9:40	200m W Round 1
10:20	10:00	200m M Round 1
10:50	10:25	400m W Final
11:05	10:45	400m M Final
11:25	11:05	800m M Final
11:30	11:00	High Jump M Final
11:30	11:00	Shot put M Final
11:40	11:20	200m W Final
11:50	11:30	200m M Final
12:10		VICTORY CEREMONY
12:25	12:05	1500m W Final
12:40	12:20	1500m M Final
13:00	12:45	4x400m Relay W Final
13:15	13:00	4x400m Relay M Final
13:50		VICTORY CEREMONY

Team Competition

According to the INAS guidelines and in order to encourage nations to participate, the INAS Open European Championships will have both individual and team competition per gender (male and female).

In the Team Competition each competing nation is allowed one (1) athlete only per event (the best classified in the individual competition).

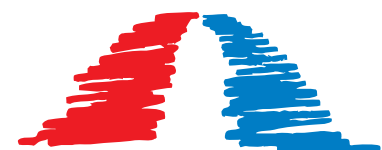
Only nations with a minimum of 3 participating athletes per gender are eligible to participate in the Team Competition of this gender (male or female).

The classification system for Team Competition is:

- n points for 1st classified;
- n-1 points for 2nd classified;
- n-2 points for 3rd classified, and so on for other places, where (n) is the number of nations eligible for participation in the Team Competition per gender.

Example: Male Competition, 12 participating countries

- 1st 12 points
- 2nd 11 points
- 3rd 10 points
- ...
- 12th 1 point



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Health care

It is necessary for all participants to have contributory insurance cover. The Czech republic health system covers emergency situations only.

Language

Materials/information will be available in English. Teams are planned to be provided with an English speaking volunteer.

More information will be available on the website: www.prague2017.org





8th INAS-Europe Open Indoor Athletics Open European Championships March 8. – 13. 2017 – Prague, Czech Republic

DELEGATION FORM

COUNTRY:

Team Manager/Staff/Coaches

Family Name	Given Name	Gender (F/M)	Official Position

Athletes

Family Name	Given Name	Date of Birth Day/Month/Year	Gender (F/M)	INAS registration
1-				
2-				
3-				
4-				
5-				
6-				
7-				
8-				
9-				
10-				
11-				
12-				
13-				
14-				
15-				
16-				
17-				
18-				
19-				
20-				
21-				

Please return this form to Mr. Josef FILIP before October 31st, 2016
Email: filip.jos@seznam.cz / **Mobile:** +420 737 841 695





8th INAS-Europe Open Indoor Athletics Open European Championships March 8. – 13. 2017 – Prague, Czech Republic

ENTRY BY NAME FORM - ATHLETE

COUNTRY:

ENTRY BY NAME

Please
attach
passport
size photograph

Please
attach
passport
size photograph

Family name:

Given name:

Passport No:

Special Dietary Requirements (gluten, lactose, no pork etc.):

Event	Gender (F/M)	Qualifying Performance	Place & Date
Relay			

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ENTRY BY NAME FORM – OFFICIAL

COUNTRY:

ENTRY BY NAME

Please
attach
passport
size photograph

Please
attach
passport
size photograph

Family name:

Given name:

Passport No:

Special Dietary Requirements (gluten, lactose, no pork etc.):

Position

Head of delegation

Team Official

Coach

Care Staff

Doctor

Physiotherapist

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ARRIVAL / DEPARTURE

COUNTRY:

Transport

Arrival

	Date	Time	Flight No.	Place of Arrival	Arrival From
Air					

Departure

	Date	Time	Flight No.	Place of Departure	Arrival From
Air					

Please note:

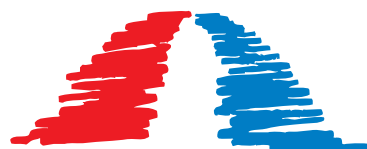
Transportation between the airport and accommodation venue will be arranged for all teams.

CEREMONY MATERIAL

Please bring:

- 3 National Flags
- 1 CD with National Anthem

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FINANCE FORM

ORGANISATION:

COUNTRY:	COUNTRY CODE:
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Finance:

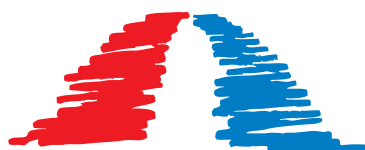
Bank	GE MONETA BANK
Account name	Český svaz mentálně postižených sportvců
Organisation address	Zátokova 100/2, 160 17 Praha 6 - Břevnov
Account number IBAN	CZ06 0600 0000 0023 5840 9504
SWIFT (B.I.C)	AGBACZPP
Reference	INAS-Europe Indoor Athletics Open European Championships

Share Accommodation: 525 Euro per person

# People (Athletes & staff)	x	525 EURO	=
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TOTAL EURO	=
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